



STUDENTS WELLBEING COUNSELING CELL (SWC)

Preamble

Mental health problems are as common among students as they are in the general population. The students with a diagnosed mental health condition can benefit from counselling. Specially, in the beginning of sessions; students used to face new challenges. They could benefit from talking to someone. There are many reasons of their want of support. This includes:

- Home sickness
- Friend, family or relationship issues
- Low mood or are losing interest in things you enjoy
- Stress or anxiety about your work or anything else
- Habit of taking drugs/alcohol etc.

The University's Students Counselling Cell (SCC) shall help the students to understand these issues and suggest strategies for dealing them effectively in confidential environment.

Note: Each needy student will be dealt and talked in person by only one Counsellor.

Composition of the Cell (Quorum-03 members):

1) Chairperson:

Dr. Renu Sharma, Dean SYN

Members:

- 2) Dr N.P. Giri, Dean SYN
- 3) Dr Sunena, Incharge, SHS
- 4) Dr Amit Nandal, Associate Professor, SCM

Convener/Member Secretary

- 5) MsOndriyalla, Assistant Professor, STE

Vice-Chancellor

Endst No. OSGU/23/RO/...1871...1875...

Dated: 01.04.2023

A copy of the above forwarded to the following for information & necessary action;

1. PS to Chancellor & Pro-Chancellor for information of the Hon'ble Chancellor & Pro-Chancellor
2. PA to V.C for information of the Worthy Vice-Chancellor
3. Person Concerned
4. Personal File


Registrar